



Voice of the Shore

Congregation Torat El ~ Jersey Shore Jewish Center
April 2019 - Adar II/Nisan 5779



Passover Dates to Remember

Wednesday, April 17 ~ Sale of Chametz Due

Friday, April 19 ~ 8:00am ~ Fast/Feast of the Firstborn

Friday, April 19 ~ First Seder

Saturday, April 20 ~ 9:00am ~ Pesach/Shabbat Service

Sunday, April 21 ~ 9:00am ~ Pesach Service

Friday, April 26 ~ 9:00am ~ Pesach Service

Saturday, April 27 ~ 9:00am ~ Pesach/Yizkor Shabbat Service

CONGREGATION TORAT EL CONTACT INFORMATION

Torat El Professional Staff

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Aaron Schonbrun

Executive Director

Pam Cardullo

Dir. Of Ritual Engagement

Ben Laskowitz

Religious School Director

Jaclyn Leibowitz

Bookkeeper/Admin.

Joanne Bass

Administrative Asst.

Lisa Arnold

Rabbinic Intern

Warner Ferratier

Torat El Executive Board

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Jeanne Isaacson

Janet Cohen

Men's Club Pres.

Gregg Taffet

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Men's Club President - Gregg Taffet

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April Service Announcements

Friday, April 5, 2019

Erev Shabbat Service ~ 7:15 pm

Candles 7:06pm

Oneg sponsored by Sara & Ross Turian in honor of their daughter Ariella's Bat Mitzvah

Yahrzeits: Morris Barr, Louis Becker, Samuel Elstein, Sam Farber, Abraham Fisher, Cecile Glasser, Sol Grabelle, Abraham Hoffman, Bella Kaufman, Andred Knifel, Simon Kreisler, Freda Krongold, Phyllis Marx, Tsilia Pirogovsky, Rebecca Rediker, Abraham Silver, Stanford Slovin, Harriette Solowey, Joseph Valenti, Esther Warshauer, Murray Weiss, Benjamin Wilk

Saturday, April 6, 2019

Shabbat Morning Service ~ 9:00 am

Parsha: Tazria 12:1-13:28

Haftarah: Ezekiel 45:16-46:18

Shabbat Hahodesh

Bat Mitzvah of Ariella Turian

Kiddush Luncheon sponsored by Marcia & Neil Weitzenkorn in honor of their granddaughter Ariella's Bat Mitzvah

Friday, April 12, 2019

Erev Shabbat Service ~ 7:15 pm

Candles 7:14pm

Yahrzeits: Jacqueline Abrahams, Frank Balkin, Frieda Blufstein, Celia Brand, Annette Dampf, Sabina Edelsberg, Barry Fisher, Rubin Gerechoff, Ruth Goldenberg, Bernard Hirsh, Michael Jacob, Moshe Koreen, Evelyn Kramer, Louis Lefton, Dorothy Markowitz, Florence Morris, Faigy Ostroff, Louis Prager, William Schreiber, Faye Slotoroff, Robert Slovin

Saturday, April 13, 2019

Shabbat Morning Service ~ 9:00 am

Parsha: Metsora 14:33-15:33

Haftarah: Malachi 3:4-24

Shabbat Hagadol

Bar Mitzvah of Jared Gutman

Kiddush Luncheon sponsored by Pam & Bob Gutman in honor of their son Jared's Bar Mitzvah

Friday, April 19, 2019

Candles 7:21pm

Yahrzeits: Elsie Barish, Milton Bazer, Norbert Belfer, Istvan Benjamin, Henry Block, Abraham Cohen, Frank Eliscu, Manfred Fight, Sidney Fineberg, Irving Fishbein, Max Fisher, Fanya Gonski, Josephine Hopkins, Celia Kobb, Paul Kramer, Paul Kramer, Fanny Marx, David Maurer, Miriam Rauch, Philip Rose, Clara Rubin, Edwin Rubin, Murray Rudnick, Arnold Schreiber, Paul Selikowitz, Lillian Trauben, Harry Tretsky

Saturday, April 20, 2019

Shabbat/Pesach Morning Service ~ 9:00 am

Parsha: Bo 12:21-51

Haftarah: Joshua 3:5-7, 5:2-6:1, 6:27

Sunday, April 21, 2019

Pesach Service ~ 9:00 am

Friday, April 26, 2019

Pesach Service ~ 9:00am

Erev Shabbat Service ~ 7:15 pm

Candles 7:28pm

Yahrzeits: Ellen Baker, Edward Barnett, Liza Bawnik, Victor Belicove, Rae Breslow, Louis Brodie, Selma Cohen, Hyman Fishbain, William Furie, Steven Gold, Abe Goldberg, Donald Horowitz, Noreen Hunt, Sylvia Israel, Paula Kronengold, Waldmar Krongold, Blanche Lewis, Stella Meyers, Isabel Pincus, Chaye Przytyk, Itzyack Przytyk, Joseph Robinson, Abraham Rose, Hannah Rosing, Sidney Rubenstein, Roger Schoch, Alice Schultz, Robert Weinstein, Philip Wiser, Betty Zuckerman, Lou Zuckerman

Saturday, April 27, 2019

Shabbat/Pesach Morning Service ~ 9:00 am

Yizkor

Parsha: Re'eh 14:22-16:17

Haftarah: Isaiah 10:32-12:6

SERVICE SCHEDULE

Mornings

Sunday: 8:30am

Monday-Friday: 8:00am

Shabbat Morning: 9:00am

Evenings

Monday-Thursday: 7:00pm

Shabbat Evening Services: 7:15pm

The Passover Seder – More Than A “Family Meal”



Passover has always been one of my favorite holidays. I have fond childhood memories of our large family gatherings filled with brisket, turkey, *charoset*, chopped liver, and of course, matzah ball soup! As we gathered together each year, we would begin working our way through the Goldberg Passover Haggadah (you know, the one with the yellow center and red/orange border that is not the “Maxwell House”) cover to cover. Reading through each section, going around the table in Hebrew and in English, handing out “parts” to people and arguing about who got to be the *chacham* (the wise child), and who got to be the *rasha* (the wicked child), was a yearly ritual. When we finished our main meal, we would quickly get to the *afikoman*, receive our prize of a silver dollar (always a highlight), and then race through the end of the Haggadah, *davening* through the words and competing to see who could sing with the most speed and accuracy. And yet, while I remember all of this with fondness, over the years I have come to realize that we missed something during my childhood Seders which were largely devoid of any significant content. It is true that we had a wonderful time going around the table and “speaking” the Haggadah, but we did not invite the Haggadah to “speak to us.”

In *Mishnah Pesachim* 10:5, we read that on Passover each individual must see him or herself (*lirot et atzmo*) as if he or she had actually left Egypt. Maimonides, in an alternate reading of this Mishnah, explains that we are not simply to passively observe that we left Egypt, but rather each one of us must actively demonstrate (*le-har'ot et atzmo*) that we are a part of a people who descended from slavery into freedom. In other words, we are meant to somehow recapture the experience of the Exodus by personalizing it and finding meaning in this story for our modern day lives. We are invited to make our Passover experience active and not passive. Indeed that is why the book which we use is called a “Haggadah” (meaning “telling”). This is not a story to be read, but rather an Exodus narrative that we are to engage in a way that is meaningful, significant, and relevant to us as Jews living in the 21st century.

So where do we begin? The first step is to learn to use the Haggadah as a tool for study, and not as a prayer book. What many people may not realize is that the bulk of the Haggadah’s content is made up of compiled pieces of Rabbinic literature, all attempting to explain the meaning behind the Exodus. There are actually multiple “tellings” throughout the Haggadah – each different Rabbinic interpretations and lessons from the Exodus. For example, one of the central Rabbinic ideas behind the Seder was that it should, “begin with disgrace and conclude with praise.” Two of our great sages, Rav and Shmuel (3rd Century C.E.), interpreted this teaching differently. Rav understood the text to mean that the Seder should begin with the disgraceful reminder that “our ancestors worshipped idols.” Shmuel, on the other hand, interpreted this verse to mean that we should begin with an acknowledgement that, “we were slaves to Pharaoh in Egypt.” When reading Rav’s take, we might take a moment to consider those things that enslave us because we turn them into “idols.” When reading Shmuel’s interpretation, we might stop to consider those who remain “enslaved” today, or those who are persecuted and denied freedom. How might we, as free people guided by Torah values, help these individuals? There are many ways to engage in this exercise of creating a more “active” Passover experience. Here are just a few that I have used over the years:

Give Homework – invite people who are coming to discuss a section of the Haggadah, bring a good question to discuss at the four questions, bring a symbol of “freedom” to discuss, or bring their most memorable Passover experience.

Find fun Passover songs and add them to your Seder. There are tons of Passover “spoof” songs on the internet. Have fun.

Get a good Haggadah (<https://www.haggadahsrus.com/>). There are literally thousands to choose from. Find one that seems interesting, different, contemporary, and relevant.

Search the web for **relevant Passover readings** related to today to use at your Seder (start with ajws.org, mazon.org, or simply google “Passover readings” to get started).

Have the kids (and adults) **create a Passover play** teaching about the themes of the holiday.

Eat vegetables early on in the Seder (*crudite*) after you have dipped the “*karpas*.” That is perfectly “kosher” and will allow people to spend some time engaging with the Seder, instead of complaining that they are hungry!

Be creative and check out new customs. Do you know that some Jews gently hit each other with scallions during the *dayenu* part of the Seder? Others put jewelry out on the table? Others fill Elijah’s cup with wine instead of simply passively watching to see if Elijah shows up. And still others put a cup for Miriam out, an orange on the Seder plate, or use “fair trade” chocolate for dessert to have a modern-day discussion about slavery. Surf the web, find a new custom, and have fun.

The Passover experience was never meant to be a passive one. This year, as we sit down to our *sedarim*, let us remember to bring our questions, comments, and creativity in order to add our voices to those that we already find in the Haggadah. Let us celebrate the blessings of unparalleled freedom, and the responsibility that follows, as free people descended from slaves. *Hag Kasher V’Sameach*, Have a wonderful Passover!

WITH JOY WE INVITE YOU
TO CELEBRATE OUR DAUGHTER

ariva hailey
אביבה

as she is called to the Torah
as a Bat Mitzvah

SATURDAY, MAY 25, 2019

ב' בַּאִיר תשע"ט
9:00 AM

CONGREGATION TORAT EL
301 MONMOUTH RD, OAKHURST, NJ

jane-rachel & rabbi aaron schonbrun

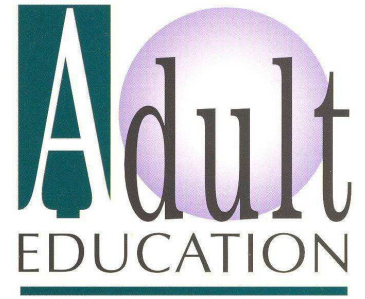
KIDDUSH LUNCHEON TO
FOLLOW

RSVP by May 11
to the Torat El office

Understanding Israeli Society through Song and Poetry

This course of study offers a fresh and fascinating examination of Israeli society since the birth of the State in 1948. Using the *Zot Hashira* Curriculum compiled by Rachel Korazim, we will examine Israeli society in its original context, we will use literature and song to take a closer look at the first six decades of Israeli society from some of its most accomplished poets and writers. Reflections of the Israel are both self-critical, and proud, offering insight into the Israeli national psyche during much of its existence.

Wednesdays, April 3, 10, 24, May 1, 8, 7:30pm



Charoset

For most of us this essential Passover Seder food calls to mind chopped apples, walnuts, cinnamon, and of course, our favorite Manischewitz wine! But there are many different types of charoset that can be found at Jewish Seders around the world. Yemenite Jews make spicy charoset, Mizrahi and Sephardic Jews use dates, Iraqi and Indian Jews use date syrup, Syrian Jews use Apricots, Persian Jews use pistachios, and Italian Jews use pears, chestnuts and oranges. Come join us in our kitchen as we create and sample a wide variety of charoset recipes and learn about the history of this dish. If you have severe nut allergies, we will have a separate station to create a "nut free" charoset as well.

Sunday, April 14, 9:30-11:30am

Witness: Lessons From Elie Wiesel's Classroom

From Passover through Shavuot you are invited to explore this beautiful memoir filled with wisdom from the late Professor Wiesel's classroom. Participants are encouraged to purchase the book and read one chapter a week, culminating with a night of study and discussion at our annual Tikkun Leil Shavuot.

Saturday, June 8, 8:00pm

The Marvelous Mrs. Maisel

Set during the 50's & 60's, Miriam 'Midge' Maisel, a Jewish housewife living an idyllic life, complete with husband and two kids, in an opulent Upper West Side apartment, makes a life-altering decision to leave her comfortable life. Her seemingly enchanting life takes a surprising turn when her 'failure as a stand-up comic' husband leaves her. And so, she discovers her own repressed hidden talent - as a truly gifted stand-up comedienne. This revelation changes her life forever, as she begins a journey that takes her from her comfortable life as a mother and housewife into the bohemian enclave of cafés and nightclubs of Greenwich Village and the grand stages of The Catskills.

Stevie Doueck, Film Producer/Writer and Founding Director of the Jersey Shore Film Festival, explores the question: what attracts us to the Amazon Series presentation of The Marvelous Mrs. Maisel.

Join Mr. Doueck's group as they screen, explore, and discuss several episodes of The Marvelous Mrs. Maisel; highlighting and analyzing the various plot points and cinematic techniques used to attract such a following in this most memorable television production.

Reservations are requested to the temple office at 732-531-4410 or on the temple website (www.torat-el.org) under the Events tab.

Wednesdays, May 22, 29, 7:30pm



RITUAL ENGAGEMENT

Yasher Koach and Mazel Tov to Mike Gordon for chanting Torah in honor of the celebration of his special birthday!

During the month of February, the following individuals performed the mitzvah of reading Torah, chanting the Haftarah, and/or leading Shacharit, Musaf and the Torah Service:

Emma Barofsky
Mark Engel
Judy Feldbaum
Warner Ferratier
Alan Gordon
Howard Gordon
Mike Gordon

Harvey Jacob
Jeff Klein
Ben Laskowitz
Ari Malek
Noah Malek
Alan Morris
Fran Nudelman

Larry Ozarow
Rabbi Aaron Schonbrun
Steven Schwaber
Toby Sukinik
Neil Weitzenkorn
Janet Wilson
Ava Winters

Yasher Koach To All!!!

If you are interested in chanting your Bar/Bat Mitzvah Haftarah, or if you are interested in learning to become a CTE Leader/Reader, please contact Ben Laskowitz at benlaskowitz@torat-el.org, cell # 732-861-7450.

A CONVERSATION WITH CHILDREN OF SURVIVORS

Join us as we commemorate Yom Hashoah, Holocaust Memorial Day, with a conversation including children of Holocaust survivors. Our discussion will include thoughts on what it was like growing up as the child of a survivor and how that affected one's world view and Jewish identity. We will also hear various perspectives on what concerns and hopes these children, many of whom are now parents and even grandparents, have when it comes to issues such as combating anti-Semitism and Holocaust education and awareness in the 21st century.

We are still looking for individuals to participate in our panel discussion. If you are the child of a survivor and are interested, please contact Rabbi Schonbrun at 732-531-4410, or email him at rabbi@torat-el.org.

Wednesday, May 1, 7:00pm



OUR SYNAGOGUE FAMILIES

The Torat El Family wishes Mazel Tov to:

Mitchell Grayson on the birth of his granddaughter, Grace Marie Gilmore
Mitchell Grayson on the birth of his granddaughter, Charlotte Rosslyn Lindberg

The Torat El Family extends condolences to:

Barbara Moses-Haratz on the loss of her mother, Edith Moses



SISTERHOOD CHAI LITES

College Packages: Sisterhood will be mailing Passover packages on April 11, 2019 (April 19- April 27, 2019). Please note the dates the packages are being mailed. **If your student will not be at college due to their Spring break or studying abroad during the dates noted above, please let us know so we do not send that package.** If your student has a recent change of address, please send new address to Laurie Gross at Lauried144@aol.com

Boxes of MATZOH NEEDED for college packages. Please drop off any donated boxes to the temple office by April 10.

Shalach Manot Thank You!

A big thank you to all who helped make this year's Sisterhood Purim Shalach Manot a success. We could not do this without you. Thank you to everyone who ordered and to the Temple staff for its huge help in processing the orders. Thank you to everyone who helped on Bag Creation day and all the delivery drivers. We hope everyone had a Happy Purim!

~ Co-chairs: Linda Gurman, Andrea Fishbein, Toby Sukinik, and Marian Warshauer

SIXTH ANNUAL SUKKAH RAFFLE

Cost of the Ticket: \$18.00

How this works:

Winner receives the use of a 12'x12' sukkah.

Men's Club will set up and take down the sukkah at your home for Sukkot 5780

October 13, 2019 - October 20, 2019

Drawing: October 3, 2019

Tickets are available at temple office for purchase or fill form out and send your check made out to "CTE Sisterhood." We will mail your tickets to you. You do not have to be present to win.

I want to win a sukkah set up for 5780.

Name _____

Address _____

Phone _____

Number of tickets wanted _____ Amount Enclosed \$ _____

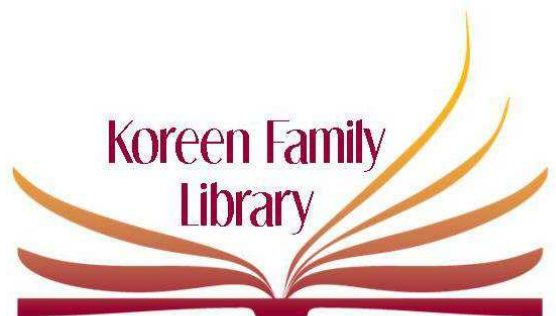
Spring is here and it is time to sit down, relax, and read a good book. We highly recommend the following three new books available now in the CTE Koreen Library.

In His Father's Footsteps by Danielle Steel (F St) From the evacuation of the Buchenwald Concentration Camp in Germany in 1945 to the present time in America, Danielle Steel takes the reader on an unforgettable journey. This book is about the marriage of Jakob to Emanuelle and how they raise up their four children from poverty to unlimited wealth. A beautifully written novel about perseverance, love, and faith.

Meet Me At the Well by Jane Yolen and Barbara Diamond Goldin (221.92 Yo) From first woman, Eve, to Queen Esther, who saved her people, the authors retell the stories of 14 strong, brave, smart women who exemplify female heroes in the Bible. Each story has a sidebar that contains answers to questions that readers might ponder. A very modern and beautifully illustrated book that is highly recommended for both young and mature readers.

Room for Rent by Leah Goldberg (J Go) Charming children's book about the diverse animals who reside in an apartment house. They all get along just fine, until they try to rent a vacant room and each prospective tenant finds fault with one of the animals that already resides there. Funny and delightful.

Note: Books of Adult Fiction (F) are arranged alphabetically by the author's last name in the Fiction Section. Books of Children's Fiction (J) are arranged alphabetically by the author's last name in the Juvenile Section. Non-fiction books are arranged numerically according to the Dewey Decimal System. Come down, browse around, self-check-out a book.



~ Library Committee

MEN'S CLUB CHAI LITES



Men's Club Bagel Breakfast With IDF Soldiers

Sunday, April 7, 9:00am

Meet 2 brave IDF soldiers and hear their stories.

RSVP on the Events tab at www.torat-el.org



Please help us provide a healthy addition on the days we have Chip and Dip Kiddush. Additional funding or some Friday prep work would be appreciated. Contact Sharon Jacob at HealthyOption@yahoo.com or call the office at 732-531-4410.



MAZEL TOV TO OUR B'NAI MITZVAH

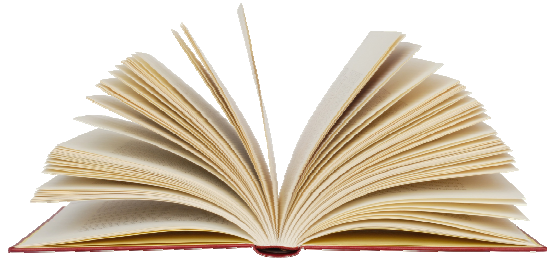
Hi, my name is Ariella Turian and I am very excited to become a Bat Mitzvah. I live in Wanamassa with my mom, dad, brother, and my adorable dog. In OTIS, I am a 7th grade student. I enjoy taking Tae Kwon Do, hanging out with friends, spending time with family, singing, sketching, and riding my bike to the Wanamassa School. My mitzvah project involves volunteering at the Ronald McDonald House near Monmouth Medical Center. There, I will be setting up and cooking dinner for the families staying there. The Ronald McDonald House cares for families that are getting treatments for their kids and making sure that they are able to stay near their kids since their treatments can take months. I can't wait to do this project and I am looking forward to seeing everyone at my Bat Mitzvah on April 6th.

My name is Jared Gutman and I will celebrate my Bar Mitzvah on April 13th. I live in Wayside with my parents, Pam and Bob, my two older brothers, Noah and Jacob, and my adorable dog, Winston. I am a seventh grader at the Township of Ocean Intermediate School. I have been playing travel soccer since I was eight years old and I play for the NJX Ajax. I have also played on my school team for the past two years. In addition to playing soccer, I enjoy hanging out with my friends, playing basketball, playing FIFA, and managing Winston's Instagram account – which I created and now has over 4,000 followers.

For my mitzvah project, I worked with Jewish Family and Children's Service and collected monies and food in order to provide complete Thanksgiving meals to five area families. My grandmother, Dadoo's, favorite holiday was Thanksgiving because our entire family was together. In her memory, I wanted to make sure other families were able to have enough food to eat on Thanksgiving. I also chose to partner with Remember Us, The Holocaust Bnai Mitzvah Project. After visiting Yad Vashem in Israel, I realized the importance of remembering those who perished in the Holocaust. On April 13th, I will be honoring Yahazkiel Gutman who died at age nine in the Shoah at Auschwitz before he could be called to the Torah as a Bar Mitzvah.

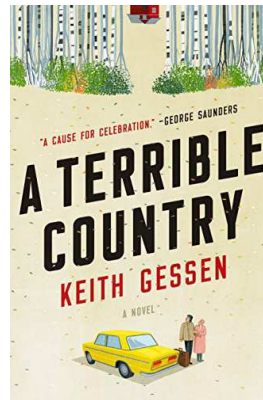
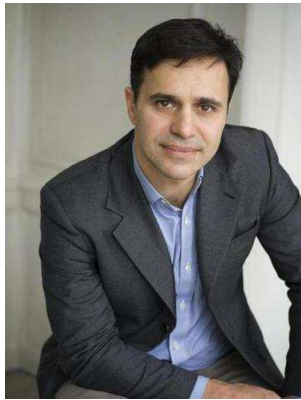
I am looking forward to becoming a Bar Mitzvah on April 13th!

MEET THE AUTHOR SERIES



CONGREGATION TORAT EL

Meet Keith Gessen, author of *A Terrible Country*



Named one of the 10 Best Books of 2018 by New York Magazine, *A Terrible Country* tells the story of Andrei Kaplan, who returns to the Russia of his birth to care for his aging grandmother. While there he must take stock of his own life and learn to navigate a newly capitalist Moscow. Mr. Gessen writes incisively about how it is easier to fight for your principles than live up to them in this contemplative and compassionate novel which poses questions about what you owe the place you were born, the importance of intergenerational relationships, and the daily effects of political ideology on someone who has lived most of his life with American freedoms.

Keith Gessen teaches journalism at Columbia University and is the founder of the Literary Magazine *n+1*. He is also the author of *All the Sad Young Literary Men* and has translated many literary works from Russian.

Pre-Paid \$15 per person/\$20 at the door.
Books are available at the temple office for \$20
A light brunch will be served.
Reservations at www.torat-el.org or 732-531-4410

This ongoing series has been made possible by a generous grant from the B'nai Sholom/Beth El Foundation.



Interested in joining the CTE Pickleball League?
Beginners are welcome.
Contact Lew Goldberg at ljgwlb@gmail.com



**Siyyum Bechorim
Calling All First Born
(Men and Women)
Friday, April 19 at 8:00am**

**NO COMMUNITY SEDER
THIS YEAR**

Please note there will be no
Community Seder this year.
We will host again next year,
second night,
Thursday, April 9, 2020.

According to Jewish tradition, the first-born son of a mother or father is required to fast on the day before Passover as an expression of thanks for the deliverance of the first-born Israelites who were spared from the Tenth plague. Fortunately, one can be exempt from this fast if he or she has the opportunity to participate in a *seudat mitzvah*, a festive meal following the completion (*siyyum*) of a unit of study. Join us for this annual tradition as we study together and celebrate our learning with a festive meal following minyan that will include lots of delicious chametz! Our study and feast will be held in memory and Esther and Ed Deitelbaum, Dr. Larry Karasic and Irving Bohm, and are sponsored by their family. All are welcome to join us even if you are not a first born.

Sale of Chametz

During the week of Pesach, it is forbidden for any Jew to own chametz. To avoid the unnecessary financial hardship that could result from requiring Jews to dispose of all items that are chametz, it is tradition to sell items of chametz to non-Jews for the week of Pesach. If you would like to sell your chametz to ensure that you abide by the Jewish law of not owning any chametz during the week of Pesach, please fill out the form below and return it to the Temple office on or before end of day **Wednesday, April 17.**

Dear Rabbi Schonbrun,

I/we _____ (name) would like to appoint
you as my/our agent to sell all items of chametz that will be in
my/our possession at:

This sale will be effective at 10:30am on
Friday, April 19.

_____ signature



DONATIONS

Congregation Torat El General Fund

In Honor of:

Michael Gordon's 80th birthday by **Marge Gordon, Howard Gordon**

In Memory of:

Shirley Kullback – wife of Irv Kullback by **Don & Arlene Brodie**

Selwyn Rosenheck – father of Alan Rosenheck by **Ric & Helene Gitomer**

Jack Shanker – father of Isabelle Farber by **Robert & Barbara Isaacson**

Edith Moses – mother of Barbara Moses-Haratz by **Zel & Pam Steinberg**

Martin Weinblatt by **Margo, Arnie & Austin Gelfman**

Rabbi Schonbrun's Discretionary Fund

Elynn Shapiro

In Memory of:

Shirley Kullback – wife of Irv Kullback by **Honey Karasic**

Kiddush Fund

In Honor of:

Michael Gordon's 80th birthday by **Amy & Mike Addeo, Karen & Paul Friedman, Marjorie & Stanley Cotler**

Morning Minyan Breakfast Fund

In Honor of:

Michael Gordon's 80th birthday by **Rachel & Ira Port**

In Memory of:

Michael Weiner – nephew of Steven Weiner by **Estelle Gildenberg**

Helayne Berger Fund

In Honor of:

Michael Gordon's 80th birthday by **Ellie & Michael Breslow, Zeke Rose**

Paul Morris Liturgical Music Fund

In Memory of:

Florence Morris – mother-in-law of Sheila Morris by **Sheila Morris**

Adie Gordon Fund

In Honor of:

Michael Gordon's 80th birthday by **Madeline & Joel Schulman, Howard Gordon, Leila & Jessica Healy**

Contribution Cards

To Marjorie & Stanley Cotler in honor their granddaughter Eden's Bat Mitzvah from **Tanis Deitch**

To Michael Gordon in honor of his 80th birthday from **Tanis Deitch, Lester & Monica Weiss**

To Andy Krantz in memory of his father Robert Krantz from **Dawn, Jonathan, Alana, Julia & Emma Barofsky**

To Ricki Horowitz in memory of her father Robert Krantz from **Dawn, Jonathan, Alana, Julia & Emma Barofsky**

Temple Grams

To Jane Grabelle in honor of her big birthday from **Beverle & Howard Richelson**

To Michael Gordon in honor of his 80th birthday from **Eva & Howard Wiener**

To Ellie & Michael Breslow in honor of their granddaughter Lauren's Bat Mitzvah from **Eva & Howard Wiener**

To Marjorie & Stanley Cotler in honor of their granddaughter Eden's Bat Mitzvah from **Eva & Howard Wiener, Sandy & Ronnie Rosen**

To Lee Alexander with wishes for her speedy recovery from **Marcia & Neil Weitzenkorn**

To Elynn Shapiro in memory of her brother Gary Taylor from **Marcia & Neil Weitzenkorn**

To Jack Grenofsky in memory of his brother Sy from **Beverle & Howard Richelson**

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MENTAL HEALTH SERIES

Session 1: Starting the Conversation: A presentation focused on destigmatization and the importance of open and safe conversation surrounding mental illness.

Thursday, April 11, 7pm

Session 2: Before Stage 4: Treating mental illness with the same approach as we treat other medical illness before a crisis situation. The focus will include early identification and intervention, screening tools, and where to find help. Community partners with resources to share will have information tables.

Tuesday, April 30, 6:30pm

Session 3: Let's Talk About Depression and Anxiety: Signs and symptoms, managing stress, self-care, and what is the appropriate level of care/treatment.

Thursday, May 16, 7:30pm





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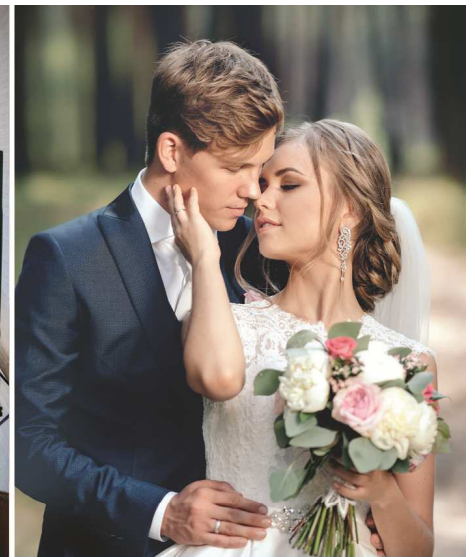
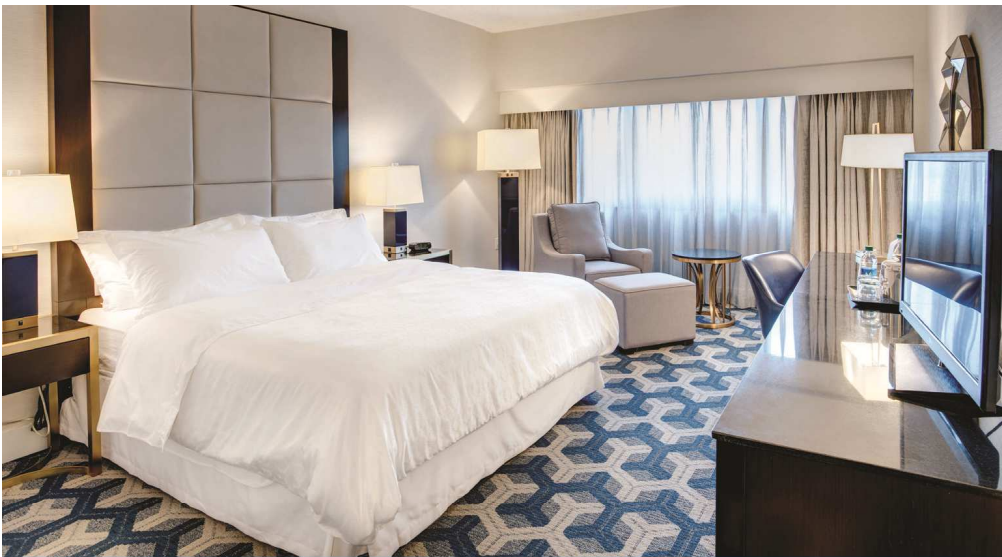
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April 2019

<i>Sun</i>	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	<i>Sat</i>
	1 <i>Beginner Hebrew</i> 7:30pm	2 <i>Board of Trustees</i> Mtg 7:30pm	3 <i>Lunch & Learn</i> 12:00pm <i>Adult Ed w/Rabbi</i> 7:30pm	4 <i>Sisterhood Mtg</i> 7:30pm	5 <i>Candle Lighting</i> 7:06pm <i>Shabbat Service</i> 7:15pm	6 <i>Bat Mitzvah of</i> <i>Ariella Turian</i> 9:00am <i>Sponsored</i> <i>Kiddush Lunch</i>
7 <i>Men's Club IDF</i> <i>Soldier Breakfast</i> <i>Program 9:00am</i>	8 <i>Beginner Hebrew</i> 7:30pm	9 <i>Ritual Mtg 7:30pm</i>	10 <i>Lunch & Learn</i> 12:00pm <i>Religious School</i> <i>Passover Activity</i> <i>Adult Ed w/Rabbi</i> 7:30pm	11 <i>Evening Minyan</i> 6:30pm <i>Mental Illness</i> <i>Program - Session 1</i> 7:00pm	12 <i>Candle Lighting</i> 7:14pm <i>Shabbat Service</i> 7:15pm	13 <i>Bar Mitzvah of</i> <i>Jared Gutman</i> 9:00am <i>Sponsored</i> <i>Kiddush Lunch</i>
14 <i>Charoset Program</i> <i>w/Rabbi 9:30am</i>	15 <i>Beginner Hebrew</i> 7:30pm	16 <i>Executive Board Mtg</i> 7:00pm	17 <i>Lunch & Learn</i> 12:00pm <i>No Religious</i> <i>School</i>	18	19 <i>Candle Lighting</i> 7:21pm <i>Fast/Feast of the</i> <i>Firstborn 8:00am</i> <i>Temple Office Closes</i> <i>at Noon</i> <i>First Seder</i>	20 <i>Shabbat/Pesach</i> <i>Service 9:00am</i> <i>No Shabbat School</i> <i>Second Seder</i>
21 <i>Pesach Service</i> 9:00am	22 <i>Beginner Hebrew</i> 7:30pm	23 <i>Education</i> <i>Committee Mtg</i> 7:30pm	24 <i>Lunch & Learn</i> 12:00pm <i>No Religious</i> <i>School</i> <i>Adult Ed w/ Rabbi</i> 7:30pm	25	26 <i>Temple Office</i> <i>Closed</i> <i>Pesach Service</i> 9:00am <i>Candle Lighting</i> 7:28pm <i>Shabbat Service</i> 7:15pm	27 <i>Shabbat/Pesach/</i> <i>Yizkor Service</i> 9:00am <i>No Shabbat School</i>
28	29	30 <i>Mental Illness</i> <i>Program - Session 2</i> 6:30pm				