



# Voice of the Shore

Congregation Torat El ~ Jersey Shore Jewish Center

November 2014 Cheshvan/Kislev 5775

## Services

### Weekday Mornings

Sunday: 8:30am

Monday-Friday: 8:00am

### Weekday Evenings

Monday-Thursday: 7:00pm

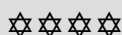
### Shabbat Evening Services

1st, 3rd, 4th Friday ~ 6:30pm

2nd Friday ~ 8:00pm

### Shabbat Morning Services

9:00am



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## HAZZAN ALISA POMERANTZ-BORO

accompanied by Cantor Leon Sher



**FROM THE SHTETL TO BROADWAY**

**AN EVENING OF JEWISH  
AND JEWISH INSPIRED MUSIC**

**Sunday, November 2, 2014  
7:00pm**

**Ticket Prices:  
\$18 students**

**\$36 general admission  
\$75 reserved seating**

### *Sponsorship Opportunities:*

**Platinum Sponsor** - \$1,000 includes 6 Reserved Sponsor Section Seats, Listing in Program,  
*Meet the Artist, Gift CD*

**Gold Sponsor** - \$500 includes 4 Reserved Sponsor Section Seats, Listing in Program,  
*Meet the Artist, Gift CD*

**Silver Sponsor** - \$250 includes 2 Reserved Sponsor Section Seats, Listing in Program,  
*Meet the Artist, Gift CD*

**Dessert Sponsor** - \$1,500 (please contact Harvey Jacob at [hjesq@HarveyJacobLaw.net](mailto:hjesq@HarveyJacobLaw.net)  
or 732-918-8575)

For tickets please visit <http://concert2014.torat-el.org> or call the temple office

For sponsorship inquiries or details please call Harvey Jacob at 732-918-8575

***This program has been made possible by a generous grant from  
the B'nai Sholom/Beth El Foundation***

# Congregation Torat El Contact Information

## Torat El Professional Staff

**Rabbi** Aaron Schonbrun

**Assistant Rabbi** Sara Metz

**Executive Director** Pam Cardullo

**Dir. Of Ritual Engagement** Ben Laskowitz

**Bookkeeper/Admin** Joanne Bass

**Administrative Asst** Lisa Arnold

**Youth Advisor** Jane-Rachel Schonbrun

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**Secretary** Linda Pickelny

**Sisterhood Pres.** Carri Silverberg

**Men's Club Pres.** Neil Warar

**Past President Rep.** Alan Winters

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youthgroup@torat-el.org

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Leah Zimmerman  
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Beverle Richelson  
732-493-1595

**Gift Cards**  
Joanne Bass  
732-531-4410

**Social Hall Rentals**  
Pam Cardullo  
732-531-4410

**Kiddush Information**  
Pam Cardullo  
732-531-4410

**Bulletin & Communications**  
Pam Cardullo  
bulletin@torat-el.org

## Torat El Board of Trustees

Dawn Barofsky  
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Cynthia Walsh  
Sonny Winters

## Phone List

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Joanne Bass, Bookkeeper	joanneb@torat-el.org	ext.11
Lisa Arnold, Administrative Asst.	lisaa@torat-el.org	ext.12



# November Service Announcements

**Friday, October 31, 2014**

Shabbat Service 6:30 pm

Candles 5:36 pm

Yahrzeits: Ronald Barrett, Sylvia Bennett, Yetta Chidnoff, Sylvia Cook, Ruth Elson, David Epstein, Bradd Feldbaum, Ida Gerechoff, Stanley Goldfus, William Goodman, Dora Grabelle, Bernard Grill, Herman Klorman, Martin Landis, Arthur Leibman, Esther Lieberman, Morris Mandel, Paul Morris, Stanley Rediker, Benjamin Sacher, Miriam Zimmern

**Saturday, November 1, 2014**

Bar Mitzvah of Ari Binns

Parsha: Lekh Lekha 14:1-15:21

Haftarah: Isaiah 40:27-41:16

Kiddush Luncheon sponsored by proud grandparents, Dalia & Gary Cohen in honor of the Bar Mitzvah of their grandson, Ari

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**Friday, November 7, 2014**

Family Friday Shabbat ~ 6:30 pm

Candles 4:28 pm

Traditional Shabbat Dinner to follow services

Yahrzeits: Max Block, Irving Bogner, Irving Ceranka, Irving Chidnoff, Nathan Comer, Eda Cowen, Harry Davis, Steven Dorn, Milford Dulberger, Joseph Friedland, Bernard Ginsberg, Henry Glickman, June Goldwasser, Emanuel Greenfield, Albert Kaye, Roslyn Kreisler, Roslyn Kreisler, Roslyn Kreisler, Betty Lavene, Milton Markowitz, Ira Merbaum, Sandra Opatosky, Lillian Schonberg, George Schwartz, Esther Schwebel, Stephen Shapiro, Tillie Silverstein, Katherine Stahl, Larry Stern, Gladys Uslan, Robert Uslan, Morris Vorchin, Jill Weiss, Siegfried Weitzenkorn, Morris Wizansky, Mary Woda

**Saturday, November 8, 2014**

Shabbat Morning Service ~ 9:00 am

Jr. Congregation ~ 10:30 am

Parsha: Vayera 19:1 -20:18

Haftarah: 2 Kings 4:1-37

Kiddush Luncheon sponsored by Marvin and Betty Goldin in honor of their Golden Wedding Anniversary

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**Friday, November 14, 2014**

Shabbat Service ~ 8:00 pm

Candles 4:21 pm

Yahrzeits: Charles Adler, Max Anderman, Yetta Bersek, Terry Chetkin, Herman Cohen, Bluma Feldman, Julius Greenhut, Jennie Handel, Joseph Herbstman, Jean Kantrowitz, Rebecca Karasic, Reuben Karasic, Newton Klein, Judy Lorman, Monroe Marx, Esther Miller, Bessie Nelson, Irving Netkin, Annabelle Opatosky, Lena Schreiber, Morris Schreiber, Morris Schwartz, Richard Tillis, Ralph Zimmerman

**Saturday, November 15, 2014**

Shabbat Morning Service ~ 9:00 am

Parsha: Chayei Sarah 24:10-52

Haftarah: 1 Kings 1:1-31

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**Friday, November 21, 2014**

Shabbat Service 6:30 pm

Candles 4:16 pm

Yahrzeits: Bertha Crawford, Margaret Ebert, Estelle Ezechel, Albert Gerechoff, Daniel Gold, Cynthia Latish Gould, George Hirsch, Samuel Kraft, Lora Lang, Harry Laufer, Louis Medwin, Charles Meisner, Fanny Osher, Samuel Osher, Isadore Prager, Frieda Reisch, Yenita Rosenbluth, Nelson Sabin, Barbara Segner, Clara Semel, Rebecca Siegel, Elaine Silverberg, Laura Tabakin, Frances Zimmerman, Minnie Zislin

**Saturday, November 22, 2014**

Shabbat Morning Service ~ 9:00 am

Jr. Congregation ~ 10:30 am

**Installation of Rabbi Sara Metz**

Parsha: Toledot 26:23-27:27

Haftarah: 1 Samuel 20:18-42

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**Friday, November 28, 2014**

Shabbat Service 6:30 pm

Candles 4:13 pm

Yahrzeits: Herman Adler, Arnold Ansell, Marcia Baker, Harriet Bazer, William Caesar, Betty Casper, Hilda Cohen, Bernard Cook, Jacob Droisen, Zipporah Epstein, Anne Fishbein, Charlotte Gershon, Pola Grill, Etta Haiken, Laurie Harris, Sheldon Horvitz, Estelle Joseph, Solomon Kahn, Irving Kalika, Maurice Karasic, Alex Kaufman, Samuel Klang, Sigmund Kohnheim, Yetta Kullback, Zina Lapidés, Milton Lewis, Hilda Nagrod, Joseph Nelson, Seymour Rachles, Rose Rosen, Mildred Rubin, William Rubin, Philip Sabin, Esther Schulman, Frank Schwartz, William Shorr, Howard Slotkin, Harriet Strauss, Morris Tauber, Emil Weiss, Sylvia Wilk, Bess Wizansky, Leo Zimmerman, Mala Zolty

**Saturday, November 29, 2014**

Shabbat Morning Service ~ 9:00 am

Parsha: Vayetse 30:14-31:16

Haftarah: Hosea 12:13-14:10

## A Message From Rabbi Metz

We started the Jewish month of *Tishrei* with *Rosh Hashanah*, then

we celebrated *Yom Kippur*, *Sukkot*, *Hoshanah Rabbah*, *Shemi Atzeret* and *Simchat Torah*. On October 25th we celebrated the beginning of a new month, Cheshvan.

Traditionally, this month is referred to as *Mar Cheshvan*, meaning bitter *Cheshvan*.

Why would the rabbis call a month bitter? It is because *Cheshvan* is the only month in the Jewish calendar without any holidays and it corresponds with the beginning of winter. *Tishrei* was so full of joy and *simcha* that the rabbis felt the next month would feel bitter without holidays.

Often our lives are so busy that we barely have a moment to breathe. The month of *Tishrei* can feel like that. Not only are there so many joyous holidays but school has started along with homework and all the after school activities. Some rabbis have moved from using the term *Mar Cheshvan* to *Ram Cheshvan*. In the Hebrew, like in the English, the first and last letters are reversed to create this new word, meaning elevated. In days of old, it was hard to see how to elevate our lives without holidays. For us, we have a chance to finally get our routine down and rejoice in the every day. The ability to fall into a routine and get your head above water is an incredible blessing. Sometimes when we are juggling so many things, something falls. During Cheshvan, we have the opportunity to pick it up again just where we left off.

In this next month I wish everyone a month in which we elevate our joy and find a time to breathe.

Rabbi Metz



*We are honored to invite you to join us for the installation of  
Rabbi Sara Metz*

*Saturday, November 22nd ~ 9:00am  
301 Monmouth Road*

*Kiddush Luncheon to follow service*

*Please RSVP to the temple office by November 17th*

## “Dialogue on Dues” Information Discussion Sessions

This fall we are exploring a new dues model. Our Financial Sustainability Committee has studied a variety of dues models that have been successfully implemented by other congregations. As a result we have identified an approach we hope will increase both revenues and engagement and in doing so will create a healthier holy community.

We have 4 remaining sessions (Nov.13th at 7:30pm, Nov. 23rd at 9am, Dec. 10 at 7:30pm, and Dec. 21st at 9am) during which we will discuss:

- Highlights of the “Sustainability Dues Model”
- Our “Sustaining Number” determined based on our budget
- How the approach removes financial barriers to synagogue membership
- The advantages of members voluntarily selecting the amount they wish to commit
- How each family or single member sets their own giving level
- Our timeline for implementation



**Congregation Torat El Garden Club** has begun and is in full gear. So far we have been able to enhance the front of the shul with all new bushes, trees and flowers. We are an ongoing operation and continually benefit from your donations. If you would like to donate in honor of, in memory of or just because, please contact the temple office at 732-531-4410 or Laurie at 732-531-0511. Any donation amount will be gladly appreciated. Thank you.

## Congregation Torat El Family Friday Night *A Shabbat To Renew, Rejoice & Relax*

*Bring your family and friends and join us for an evening of supper, schmoozing and spirituality.*

**Our family friendly service** features songs, stories and prayer.

**Our main service** is a traditional Shabbat service.



**Friday, November 7th ~ 6:30pm  
Traditional Shabbat Dinner**



**Please note that both services begin at 6:30pm and then join together for dinner.**

Dinner Reservation for Friday, November 7th to be returned NO LATER THAN November 3rd.  
Please return to the temple office at 301 Monmouth Road, Oakhurst, NJ 07755

Name \_\_\_\_\_ Phone \_\_\_\_\_  
Email \_\_\_\_\_ Attending Family Service \_\_\_\_\_ Main Service \_\_\_\_\_

# Adults @ \$18 \_\_\_\_\_ # Children 13 and under @ \$10 \_\_\_\_\_ \$50 per family Max

Amount Enclosed: \$ \_\_\_\_\_

# The Sustainable Dues Model

On Rosh Hashanah, after I reviewed how our Congregation Torat El is moving forward, drawing on our past to ready ourselves for our future together, I promised to outline our plans to introduce a proposal to change our dues structure.

In reviewing our dues structure we recognized that there is a disconnect between our mission of building relationships and how we ask for the bulk of the funds we need to sustain this institution.

We looked into a variety of alternatives, including

- ♦ income-test based models with graduated scales -- essentially like the federal income tax
- ♦ a la carte models - based on usage and participation
- ♦ models based on classes of members - each with different rights and privileges
- ♦ philanthropic models - relying solely on voluntary giving from a few
- ♦ and the Sustainable Dues Model.

We concluded that the sustainability model matches our goal of connecting HOW we give with WHY we give.

My job today is introduce the idea, to peak your interest, at least enough for you to want to come to our programs over the next few months to learn more.

My remarks today are only a summary, there will be no quiz after Havdallah. Meetings are scheduled over the next months so we can discuss the approach, and details will be provided before decide to move forward.

The Sustainable Dues Model has two key elements:

- ♦ first, we identify the dollar amount needed from each member to keep our congregation funded
- ♦ second, each member decides their personal giving level

Essentially, informed by our financial needs, you pick your own dues - your own level of giving.

The Model relies on each of us to realize that we want this congregation to exist – the model asks us to make the conscious decision to sustain this institution.

At its core, the Sustainability Model returns to the original approach our founders used and enhances that approach to face new challenges.

The original approach happened here when each of our Legacy Congregations were founded. In Asbury in the 1920's, In Long Branch and in Wanamassa in the 1950's, neighbors and friends came together each according to their own feelings and their financial means. They worked together to set up a space to pray, to hire clergy, and to create a congregation.

Over the years, however, we lost sight of that approach, we shifted to an approach that allowed us to step back and as we stepped back we also became less engaged. Now I am not talking about delegating specific responsibilities for specific tasks. Taking turns for work that only needs a few of us to perform makes sense.

In the past, however, we were not careful to separate delegation of necessary work and delegation of our sense of ownership and our level of engagement. We gradually ended up delegating away our feeling of ownership.

Our current dues structure is emblematic of that problem. We are told what our level of giving should be and never really asked to think about why that level of giving is right for us.

Perhaps more critically, studies of the relationship between funding models and involvement have consistently shown that new members, particularly younger members, are attracted by funding models that focus on choice and engagement rather than being told that one size fits all.

In contrast, the Sustainable Dues Model asks us to focus on why we are members of the congregation and then deciding how much we give.

In a way, we already do this in our individual giving choices, such as the annual Kol Nidre appeal. Once again this year we have elected to conduct a silent appeal. Once again our congregation has responded positively and we thank all who have contributed thus far and those who will do so in the coming weeks. We have also seen tremendous support from members who responded to our current Sustainability Giving levels and direct face-to-face appeals.

When we decide to donate, we are making a conscious, engaged decision. We sit down, we get in touch with our feelings and we remember why we want to be part of a congregation.

That answer of “why” is different for each of us.

As a personal example, I focus not only on what this congregation does for me, but on the fact that this congregation contributes to our community in ways I cannot do myself.

Yes, we meet specific needs of members, education of our students and adult members, we are here for life cycle events, but what we do, collectively, to support our members in the greatest times of need is often my first answer when I consider why I choose to a member.

It is this community that steps in when there is no one else to help. Thankfully the frequency is low, but there times when family and friends are no longer around. Our staff, our clergy, our members, have been called upon to step in when there is no one else.



# The Sustainable Dues Model Continued

I also focus on that the fact the alternatives, even those that are free, do not meet my expectations of what it means to be a practicing Jew. As I noted last year, there is special meaning to be part of a community in which we draw on our traditions while being open to change as times demand. We do not reject tradition but neither are we bound to interpretations from centuries ago that in turn reject our modern world.

The Sustainable Dues Model asks us reflect on our relationship with this community.

Congregations across the country have moved to this model with success, sometimes great success. Members have stepped up and either maintained their recent level of giving or increased that amount to or above the Sustaining Level.

Perhaps more critically, new members, particularly, young families, have enthusiastically appreciated the focus on individual choice. The congregations that have implemented the sustainable dues model have also welcomed the return of recently resigned members who appreciated the opportunity to rejoin at a level of giving of their choosing. So, how does the Sustainable Dues Model work?

The starting point is the dollar amount we need to pay our bills, apart from fundraising events and rental income. We then divide that dollar amount by the number of member units, adjusting for our legacy members and those members who need dues relief. The result of that calculation is our sustaining number - the average contribution we need from each member to keep us solvent - the giving level of giving we need to sustain our operations. We are in the process of going over recent financial information and will be refining the number, but for now the working number is about \$2,600 per household, half that for single members.

In the next step, we identify giving categories - ranges of giving, starting up from a minimum and going beyond our sustaining number. For giving levels above the sustaining number we will continue to offer perks as an expression of extra appreciation.

Assessments will no longer be charged. We will continue to fundraise, collect tuition, charge for special events, and we anticipate continuing the Kol Nidre appeal.

The specific details will be discussed during our conversation sessions scheduled over the next few months. Remaining sessions are Thursday evening November 13, November 23 at the congregation meeting, Wednesday evening December 10, and Sunday Morning December 21. Times are after the respective minyanim are completed, 7:30 pm for the evening session and 9 am for the morning sessions.

These dates are listed in our annual membership booklets and posted on our website calendar. We will be sending out reminders inviting you to those sessions.

In January and February we will be holding small group informational sessions, including some sessions hosted in members homes, to go over the program in detail.

At the end of February, the focus will shift to each of you. We will ask you to identify the dollar amount you choose as a giving level - your own dues level.

We will collect and assess everyone's responses in March and April with the Board of Trustees making a decision to move forward by our May Board meeting. If we move forward you will be invoiced based on the giving level you selected. If the Board concludes that the new approach cannot work this year, we will continue with the current dues program.

I am sure many of you have many questions, and we will be here to answer those in the months ahead. On behalf of your Board of Trustees I invite you join the discussion and help us as we explore this exciting new approach.

Friends, our future is our hands. This is our congregation, our community. It is not given to us, but created by us. We cannot lose sight of the fact that our congregation needs to be continually re-created by us each and every day as we work together.

We have taken great strides since our unification and we have a wonderful tomorrow ahead if we continue on our path as one community working for a common goal – being a Community Building Relationships.

Andrew Robins  
Congregation Torat El President



**Dialogue On Dues Discussion Dates:**  
**Thursday, November 13th - 7:30pm**  
**Sunday, November 23rd - 9:00am at the**  
**Congregation Meeting**  
**Wednesday, December 10th - 7:30pm**  
**Sunday, December 21st - 9:00am**

# Ritual Engagement

**YASHER KOACH TO EMILY BAUER FOR RECEIVING A PLAQUE IN HONOR OF HER 24<sup>TH</sup> TORAH READING.**

**YASHER KOACH TO KEVIN BAUER FOR RECEIVING A YAD IN HONOR OF HIS 18<sup>TH</sup> TORAH READING.**

**YASHER KOACH TO ALAN MORRIS, WHO CHANTED HIS BAR MITZVAH HAFTARAH SO BEAUTIFULLY IN COMMEMORATION OF A 'SPECIAL' ANNIVERSARY OF HIS BAR MITZVAH!!!**

During the month of **September 2014**, the following individuals performed the Mitzvah of reading Torah, chanting the Haftarah, and/or leading Shacharit, Musaf and the Torah Service. Those with an asterisk (\*) next to their name also led services and/or chanted Torah/Haftarah during the High Holy Days:

Alana Barofsky*	Danielle Horowitz	Helene Santo
Julia Barofsky*	Harvey Jacob*	Rabbi Schonbrun*
Jonah Bass	Ira Kaplan	Joel Schulman
Brian Bauer	Alexis Kelly	Steve Schwaber
Kevin Bauer	Forrest Kelly	Jaclyn Shapiro*
Juliana Berkowitz*	Orion Kelly	Jon Shutman*
Talia Binns*	Richard Marlieb*	Nikki Shutman*
Barbara Boden	Rabbi Metz*	Stevie Shutman*
Julia Comer*	Gabrielle Michel*	Zel Steinberg
Matthew Eilenberg	Steve Miller	Alan Stern*
Mark Engel*	David Neuwirth*	Toby Sukinik
Samantha Estin*	Emma Neuwirth*	Shelby Walerzak*
Lewis Fisher	Joshua Pickelny*	Jessica Weinstein*
Mitch Grayson*	Shelby Pickelny*	Cheri Weiss*
Alana Gross*	David Pirogovsky*	Neil Weitzenkorn*

**Yasher Koach To All!!!**

**JOIN THE GROWING CADRE OF TEENS AND ADULTS  
WHO ARE LEADING SERVICES AND CHANTING TORAH  
AND HAFTARAH**

If you are interested in chanting your Bar/Bat Mitzvah Haftarah, or if you are interested in learning to become a CTE Leader/Reader, please contact Ben Laskowitz at [benlaskowitz@torat-el.org](mailto:benlaskowitz@torat-el.org), cell # 732-861-7450.



# Yasher Koach



# Sisterhood Chai Lites

## SAVE THE DATE

Saturday, November 22nd - 8pm  
Count Basie Theater, Red Bank  
Cost: \$36 (center orchestra)



To benefit  
The Sisterhood Scholarship Fund  
Everyone welcome! The more the merrier!

For ticket information,  
contact Elaine Schreiber:  
speshulmom@aol.com  
732-922-4129

Sisterhood's Apple & Honey fundraiser was a huge success thanks to the enthusiastic giving spirit of so many of our members. "Thank you" to the businesses that supported our project -- ShopRite, BJ Wholesalers, Dean's Market, Sickles, Dearborn Farms, Best Yet Tomatoes, Stop N Shop, Delicious Orchards, Foodtown, and Sylvia's candy. Please patronize these businesses, as they have been very generous to our Sisterhood.

Yasher Koach to my dedicated committee -- Molly Lager, Marcia Weitzenkorn, Jackie Rosenheck, Fran Meyer, Phyllis Jacobs and VP Janet Attner -- for all their endless hours of hard work, schlepping, packing, calling and to the 20+ drivers that delivered our holiday packages to your homes. Also very special thanks to Lisa Arnold and Pam Cardullo for all their assistance inputting all the addresses and orders into the computer. We could not have completed the deliveries without their help!

Myrna Netkin, Chairperson

## sisterhood congregation torat el



**Boutique Drop Off:**  
**Sunday, November 9th, Monday, November 10th**  
**and Tuesday, November 11th**  
**9am-12pm & 3pm-7pm**

**Rummage Sale Drop Off:**  
**Wednesday, November 12<sup>th</sup>**  
**9am-7:30pm**

**Sunday, November 16, 2014 9am - 3pm**  
**Monday, November 17, 2014 9am - 12pm**

The "boutique" area was very successful last year so we will do it again this year! Please limit these items to high end designer leather goods, vintage or collectible jewelry and gift items, designer clothing, new toys and baby items. Please pack them separately from rummage sale items and label the box "boutique."

On behalf of Sisterhood and our committee, thank you in advance for your help and support.

We could not do this fantastic fundraiser without YOU!

If you have any questions or would like to volunteer, please call Beth Cotler at 732-776-7887.

### Items Needed:

Clothing, Shoes & Boots, Handbags, Luggage, Tools, Glassware, Jewelry, Working Electronics, Art Work, Curtains, Sporting Goods, Music, Movies, Linens, Small Working Appliances, Toys, Games, Bikes, Furniture  
**(NO mattresses or upholstered furniture) NO Books, Computers, Printers, Knives, Medical Equipment**

# Yasher Koach to our Bar Mitzvah



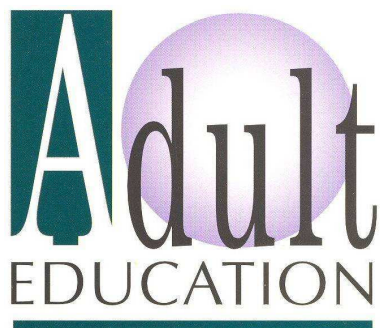
My name is Ari Binns and I will celebrate my Bar Mitzvah on November 1st. For my mitzvah project, I chose to volunteer my time and effort to help those in our community who are lacking something many of us take for granted... food. I began volunteering at Jewish Family and Children's Service in the food pantry. I helped pack bags of food and stock the pantry on Fridays. We then passed the packed bags of perishable and non-perishable food to the people who had been waiting in line. For many of these people, this food will feed them and their families for the entire week. I was amazed at how many people came in and were waiting for food. Some days there were more people in line than there were bags of food. Turning people away was absolutely heartbreaking. I decided to help even more by starting a food drive at school and temple so that I could donate food to the pantry. I felt a sense of pride as I was handing out the bags of food. I knew that I was helping feed those in need and providing them with meals for the week. I will continue working at the food pantry throughout the year. I plan to adopt a family for Thanksgiving and provide holiday meals.

If anyone would like to donate non-perishable food/toiletries please bring them into temple. There is a box in the Hebrew School hallway outside the office. I will be collecting food through the end of November.

## SUKKOT fun







# 2014-2015 RABBI SCHONBRUN'S COURSE OFFERINGS

## **Chai Mitzvah Program**

***And now for a "less traditional" adult education option!***

Please join us as we participate in this nationally recognized, individualized framework for deepening your engagement with Judaism and your community. Our inaugural Chai Mitzvah cohort will meet every three weeks from the Fall through the Spring, using the Chai Mitzvah curriculum to help participants grow their Judaism in their own way. We will study a variety of topics together as a group during the sessions listed below. Between sessions, students, in conjunction with Rabbi Schonbrun, will be encouraged to follow their own program designed to help them grow and deepen their Jewish lives in any way that they choose (eg. areas of social action, ritual, or study). For more details on how other communities have taken advantage of this program, check out: [www.chaimitzvah.org](http://www.chaimitzvah.org).

**Sundays: 9:30-10:30am** - November 2, November 30, December 21, January 11, February 8, March 8, March 29, April 19, May 10

## **Wednesday Lunch 'n Learn (Jewish Ethics 101)**

Are you looking for a way to add more meaning to your life? Do you enjoy learning and meeting new people? Do you like to eat lunch? Join us and take one hour out of your busy week to engage in Jewish learning.

This year we will be exploring Rabbi Joseph Telushkins "Code of Jewish Ethics" series. Discussions will center around a wide range of topics from judgment of self and others, civility and good manners, forgiveness, anger, humiliation, the laws of fair speech, and proper versus improper criticism. Come and join us for this interactive, informal, and engaging experience. No experience or background necessary. Please bring a friend!

**Wednesdays: 12:00-1:00pm** - beginning November 5

## **Jewish Mysticism 101- Beyond Red Strings and Madonna**

What are the basic concepts, beliefs, and practices of Jewish Mysticism? What is the Kabbalah and why has it become so popular in the past decade? Do the secrets of Jewish Mysticism, particularly Kaballah have something to say to our daily lives in the year 2014? Come and join us as we explore this topic. Come with your topics and your questions and please bring a friend. We look forward to learning with you!

**Thursday, November 6th: 7:30-8:30pm**

**Wednesdays: 7:30-8:30pm** - November 12, 19, December 3, 10

## **The Joys and Challenges of being a Parent to Jewish Teens**

Being a parent is one of the most rewarding experiences in the world, but it can also be one of the most challenging-- especially during the teenage years. During this course we will explore the joys and challenges of being a Jewish Parent. We will use our tradition to guide us as we study Jewish voices and texts together, and create an environment that allows for thoughtful reflection on your personal experiences. Using the book, "*The Blessing of a B- Using Jewish Teachings To Raise Resilient Teenagers*" by psychologist and author Dr. Wendy Mogul, we will delve into topics such as teenage narcissism, living with rudeness, risk taking, and when to step in versus when to step back. Judaism has much wisdom to offer when it comes to being a parent. Come join us as we learn and share together in a thoughtful, safe, and engaging environment.

**Wednesdays: 7:30-8:30pm** - January 21, 28, February 4, 11, 18, 25, March 11, 18, 25

## **Caregiver Support Group**

*Share, Learn and Support One Another*

The Caregiver Support Group will provide a supportive and educational environment to caregivers taking care of parents, spouses and family members in a safe and non-judgemental environment. The group will aim to provide comfort to members by creating the opportunity to share common experiences and learn coping strategies. Members will gain perspective and caregiver stress management tools that come from hearing others talk.

Cindy Hyman, LCSW will facilitate this on-going monthly support group.

The Caregiver Support Group meets on the 3rd Monday of each month. The next meeting date is November 17th.

This program which will be held at Congregation Torat El, is open to the community and has been made possible by a generous grant from the Jewish Federation of Monmouth County.



Caring for those  
Caring for others

CAREgiver Support

# This and That

## ***Our Synagogue Families***

### **Welcome New Members**

Rachel & Ira Port  
Jeanine Nagrod

### **The Torat El Family extends condolences to:**

Ruth Abramowitz on the loss of her son, Jerry Abramowitz  
Emanuel Abraham on the loss of his wife, Helen Sue Abraham  
Robert Cohen, on the loss of his mother, Dorothy Cohen  
Joseph Cooper, on the loss of his wife, Elaine Cooper  
Gayle Ardakanian, on the loss of her mother, Elaine Cooper

### **Mazel Tov to:**

Rabbi and Jane-Rachel Schonbrun on the birth of their son, Isaiah Hallel

Dear Friends,  
I spent the afternoon taping a program for "Due Process" with the writer and the producer of a documentary film "Complicit". The movie presents President Roosevelt's relationship to the voyage of the St. Louis on which my parents and I were passengers. Included in this film also is an interview that I did, several years ago, in DC. We were told that the Due Process program will air on Nov. 1st on PBS (Channel 13) but I'm not sure of the time. It will also appear on NJN on Nov. 2nd, I think at 7PM but again I'm not positive about the time.

Check your local listings.

**DUE PROCESS**

Eva Wiener

## ***ATTENTION SNOWBIRDS!!***

Before you leave us for warmer climates, please call the office and let us know so we can use your winter address for future mailings.

## ***DONATIONS***

We know sometimes you are disappointed when you don't see your donation listed in the bulletin. Please know that donations must be received in the office no later than the first week of the previous month to be included in the next issue. Anything received after that will be included in the following edition. For example, if you want your donation to appear in the December issue, we must have it no later than November 5<sup>th</sup>.

## ***Thanksgiving Donations to Jewish Family and Children's Service***

Many people like the idea of providing a complete Thanksgiving package to families. If you prefer to do so, JF&CS suggests these items for a food package.

### **Thanksgiving Package**

- 1 box of instant mashed potatoes, 1 large or 2 small cans of yams
- 2 cans of vegetables, 2 cans of fruit
- 1 can cranberry sauce, 1 box of stuffing mix
- 2 packets of powdered gravy mix
- 1 can of 15 oz pumpkin, 1 box of crust mix
- 1 box of brownie mix, 2 packages of corn muffin mix

(JF&CS purchases Shoprite gift cards with donations for clients to buy a turkey)

***All donated food must be received to the JF&CS office at 705 Summerfield Avenue in Asbury Park by Friday, November 14.***

***Any additional food that you would like to include is always welcome & appreciated.***



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# We gratefully acknowledge those who participated in the 5775 Kol Nidre Appeal

*(Pledges received through October 15th. Additional pledges received after this date will be printed in the next bulletin)*

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# We gratefully acknowledge the following donations

## Congregation Torat El General Fund

### **In Honor Of:**

The birth of Rabbi & Jane-Rachel's son, Isaiah Hallel by **Zel & Pam Steinberg, Sandy & Fred Singer, Helene & Mel Woda**

The B'not Mitzvah of Samantha & Ariel – granddaughters of Terry & Irving Zimmerman by **Sandy & Fred Singer**

The marriage of Elliot & Marian Fabricant's daughter Jennifer by **Al & Sheila Kasson**

Attending Second Day Rosh Hashanah services by **Sheryl Kaplan**

### **Speedy Recovery To:**

Joan Goode by **Marjorie & Stanley Cotler**

Sam Lubin, Monica Lubin, David Segner, Marvin Segner, Rosalind Segner, Charlise Jane Segner, Thelma Scheff, Florence Hirsch, Phyllis Barach, Ronelle Maher, Mark Taylor by **Sam Segner**

### **In Memory Of:**

Jerry Abramowitz – son of Ruth Abramowitz by **Zel & Pam Steinberg**

Helen Sue Abraham – wife of Emanuel Abraham by **Sandy & Fred Singer, Marilyn Brener, Helene & Mel Woda, Mr. & Mrs. David Mollen**

Anna Pfefferstein – aunt of Sam Segner by **Sam Segner**

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## Library Fund

### **In Memory Of:**

Barbara L. Segner by **Sam Segner**

## Susan Samuel Memorial Fund

### **In Memory Of:**

Helen Sue Abraham – wife of Emanuel Abraham by **Myron & Ellen Samuel**

Elaine Cooper – wife of Joe Cooper, mother of Gayle Ardakanian by **Myron & Ellen Samuel**

## Rabbi's Discretionary Fund

### **In Honor Of:**

The lovely Shabbat dinner sent by the Chesed Committee by **Jean Perkins**

The birth of Rabbi & Jane-Rachel's son, Isaiah Hallel by **Lori & Josh Schor, Terry & Irving Zimmerman, Susan & Craig Sprung**

Rabbi Schonbrun in appreciation for the way he conducted the funeral of Helen Sue by **Manny Abraham & Family**

## Kiddush Fund

### **Speedy Recovery To:**

Joan Goode by **Michael & Ellie Breslow**

### **In Memory Of:**

Patricia Minue – mother of Jacob Fineran by **Neil & Marcia Weitzenkorn & Family**

## David and Tessie Krivins Memorial Scholarship Fund

### **In Honor Of:**

The birth of Isaiah Hallel – son of Rabbi & Jane-Rachel Schonbrun by **Thelma & Harold Krivins**

### **In Memory Of:**

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## Addie Gordon Fund

### **In Memory Of:**

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### **In Memory Of:**

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### **In Memory Of:**

Benjamin Morkowitz – father-in-law of Sara Marton by **Sara Marton**

Malka Roth – mother of Sara Marton by **Sara Marton**

## Rabbi Jacob Friedman Fund

### **In Honor of:**

The 50<sup>th</sup> wedding anniversary of Jerry & Barbara Berkowitz by their children & grandchildren

## Harry and Sadie Steinberg Memorial Fund

### **In Memory Of:**

Helen Sue Abraham – wife of Emanuel Abraham by **Sandy & Barbara Paskin**

## Adult Education Fund

### **In Honor Of:**

"THE GOLDIN'S" anniversary by **Be Yeamans**



# We gratefully acknowledge the following donations

## Contribution Cards

To Terry & Irving Zimmerman in honor of the B'nai Mitvah of their granddaughters Ariel & Samantha from

***Beverle & Howard Richelson***

To Rabbi and Jane-Rachel Schonbrun in honor of the birth of their son Isaiah Hallel from ***Andrea & Jeff Fishbein,***

***Beverle & Howard Richelson***

To Marilyn Hoffman with wishes for a speedy recovery from ***Beverle & Howard Richelson***

To Emanuel Abraham in memory of his wife Helen Sue from ***Adelyn Darrow***

## Temple Grams

To Dorothy & Steve Secol in honor of their celebrations from ***Sandy & Ronnie Rosen***

To Rabbi & Jane-Rachel Schonbrun in honor of the birth of their son Isaiah Hallel from ***Marian & Bill Warshauer, Sophy Kirsch***

To Terry & Irving Zimmerman in honor of the B'nai Mitvah of their granddaughters Ariel & Samantha from ***Sheryl & Gary Kaplan***

To Toby & Martin Sukinik in honor of the birth of their newest grandchild Shayna Ellie from ***Neil & Marcia Weitzenkorn & Family***

To Joan Goode with wishes for a speedy recovery from ***Beverle & Howard Richelson, Neil & Marcia Weitzenkorn & Family***

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To Charlotte Vineburg in memory of her brother Ike Askin from ***Phyllis Schwarz***

To the family of Claire Lichtenstein in memory of their mother and grandmother from ***Charlotte Ginsburg***

To Jacob Fineran in memory of his mother Patricia Minue from ***Toby & Martin Sukinik***

To Garry Grabelle in memory of his step-mother Midge from ***Toby & Martin Sukinik***

To Jane & Garry Grabelle in memory of Mildred Grabelle from ***Neil & Marcia Weitzenkorn & Family***

To Robert Cohen in memory of his mother Dorothy from ***Eva & Howard Wiener***

To Maddy and Bob Cohen in memory of Dorothy Cohen from ***Neil & Marcia Weitzenkorn & Family***

To Dr. Manny Abraham in memory of his wife Helen Sue from ***Eva & Howard Wiener, Beverle & Howard Richelson***

To Gayle Ardakanian in memory of her mother Elaine Cooper from ***Phyllis Schwarz***

## **Ricotta Spinach Pie**

1 refrigerated pie crust (half of 15-ounce package), room temperature  
1 teaspoon all purpose flour

3 tablespoons butter  
1 medium onion, chopped  
1 10-ounce package frozen chopped spinach, thawed, squeezed dry  
1/2 teaspoon salt  
1/2 teaspoon pepper  
1/4 teaspoon ground nutmeg

1 15-ounce container ricotta cheese  
8 ounce mozzarella cheese, grated  
1 cup grated Parmesan cheese  
3 large eggs, beaten to blend

Preheat oven to 350°F. Unfold pie crust. Press out fold lines; if crust cracks, wet fingers and push edges together to seal. Sprinkle flour over crust. Place crust floured side down in 9-inch-diameter glass or ceramic pie dish. Fold edge under and crimp decoratively.

Melt butter in heavy large skillet over medium heat. Add onion and sauté until tender, about 8 minutes. Mix in spinach, salt, pepper and nutmeg. Sauté until all liquid from spinach evaporates, about 3 minutes.

Combine ricotta, mozzarella and Parmesan cheeses in large bowl. Mix in eggs. Add spinach mixture; blend well. Spoon cheese mixture into pie crust. Bake until filling is set in center and brown on top, about 40 minutes. Let stand 10 minutes. Cut pie into wedges.

March 1996 - by Dawn Murray: Allenwood, New Jersey



## We gratefully acknowledge the following yahrzeit donations

**MICHAEL ABELSON** by Barry & Kim Kantrowitz  
**SEYMOUR ABRAMOWITZ** by Ruth Abramowitz  
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## Minyan Needs Your Help

*Please observe your yahrzeit date by attending minyan at 7:00pm the night before and/or the 8:00am minyan the day of your yahrzeit. In an effort to ensure that our members are able to say Kaddish, we are asking the following people to please take a half hour out of your week to join us at our minyan services.*

Week of Monday, November 3rd	Week of Monday, November 10th	Week of Monday, November 17th	Week of Monday, November 24th
Phyllis Jacobs	Jerome & Loretta Kessel	Charlotte Kruman	Rita Levin
Mark & Joyce Jaffee	Noel & Gloria Kirchner	Sheryl Krupnick	Albert Levitt
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## November 2014

<i>Sun</i>	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	<i>Sat</i>
						1  Bar Mitzvah of Ari Binns 9:00am Kiddush Luncheon to follow
2  Adult Ed - Chai Mitzvah w/Rabbi S. 9:30-10:30am  "From the Shtetl to Broadway" Concert 7:00pm	3	4  Board of Trustees Mtg 7:30pm	5  Lunch & Learn 12:00pm  Adult Ed w/Rabbi S. 7:30pm	6  Sisterhood Board Mtg 7:30pm	7  Candle Lighting 4:28pm  Family Friday Night Shabbat Services 6:30pm  Congregational Dinner to follow services	8  Shabbat Service 9am Lunch & Learn  Sponsored Kiddush  Jr. Congregation 10:30am
9  Adult Ed Trip to NYC  No Religious School  Boutique Drop Off 9:00am-12:00pm & 3:00-7:00pm	10  Boutique Drop Off 9:00am-12:00pm & 3:00-7:00pm	11  Boutique Drop Off 9am-12pm & 3pm- 7pm  Ritual Mtg 7:30pm	12  Lunch & Learn 12:00pm  Adult Ed w/Rabbi S. 7:30pm  Rummage Sale Drop Off 9:00am-7:30pm	13  Dialogue on Dues 7:30pm	14  Candle Lighting 4:21pm  Shabbat Service 8:00pm	15  Shabbat Service 9am
16  No Religious School  Rummage Sale 9:00am-3:00pm	17  Rummage Sale 9:00am-12:00pm  Caregiver Support Group 7:30pm	18  Men's Club Mtg 7:30pm	19  Lunch & Learn 12:00pm  Adult Ed w/Rabbi S. 7:30pm	20	21  Candle Lighting 4:16pm  Shabbat Service 6:30pm	22  Shabbat Service & Installation of Rabbi Metz 9:00am  Kiddush Luncheon to follow  Jr. Congregation 10:30am  Sisterhood Trip to Count Basie Theater
23  Congregation Mtg & Light Breakfast 9:00am  30 No Religious School  Adult Ed - Chai Mitzvah w/Rabbi S. 9:30-10:30am	24	25	26  No Religious School	27  Temple Office Closed	28  Temple Office Closed  Candle Lighting 4:13pm  Shabbat Service 6:30pm	29  Shabbat Service 9:00am