



VOICE of THE SHORE

Congregation Torat El - Jersey Shore Jewish Center

MAY 2026 - IYAR/SIVAN 5786

SHAVUOT

THURSDAY, MAY 21, 6:30PM



Pasta Dinner:

Join us for a delicious pasta dinner accompanied by salad, garlic bread and of course....CHEESE CAKE!!

Tikkun:

Rabbi Schonbrun will explore Talmudic teachings on the precise writing of sacred Jewish texts, including Torah scrolls, mezuzot, and tefillin. We will talk about scribal practices such as decorative lettering, proper writing techniques, error correction, and traditions like placing a mezuzah on doorposts, offering a closer look at the Torah's physical text and its significance.

There is no charge for this program but reservations are requested at upcomingevents.torat-el.org

SHAVUOT SERVICE SCHEDULE:

Friday, May 22, 9:00am

Saturday, May 23, 9:00am (includes yizkor service)

CONGREGATION TORAT EL CONTACT INFORMATION

Torat El Professional Staff

Rabbi	Aaron Schonbrun
Executive Director	Pam Cardullo
Director of Ritual Engagement	Ben Laskowitz
Religious School Director	Lisa Arnold
Administrative Asst.	Lisa Arnold
Bookkeeper/Admin.	Joanne Bass

Torat El Executive Board

President	Michelle Winters
1st V.P.	Alan Morris
V.P.	Susan Berkowitz
V.P.	Judy Solomon
Treasurer	Michael Breslow
Secretary	Carri Silverberg

Board of Trustees

Dawn Barofsky	Galit Binns
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Mindy Estin	Howard Lang
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Ken Marowitz	Kim McConnell
Beverle Richelson	Susan Sferas
Neil Warar	Monica Weiss
Sisterhood Pres.	Robin Bauer
Men's Club Pres.	Neil Becourtney

Committee Contact Info

Beth El Cemetery - Alan & Sonny Winters	732-670-9200
Hazak - Marjorie Cotler	732-922-6590
Adult Ed - Mark Flamendorf	908-415-7735
Technology - Howard Lang	admin@torat-el.org
Koreen Family Library - Madeline Schulman	732-618-5062

Other Contact Info

Temple President - Michelle Winters	732-531-4410
Sisterhood President - Robin Bauer	732-778-2127
Men's Club President - Neil Becourtney	973-896-7923
Meet the Author - Susan Sferas	732-239-0750
Contribution Cards - Beverle Richelson	908-675-5387
JNF Tree Donations - Sandy Rosen	732-870-2166
Facility Rental - Pam Cardullo	732-531-4410
Kiddush Information - Pam Cardullo	732-531-4410
Bulletin - Pam Cardullo	732-531-4410
Beth El Cemetery Business - Joanne Bass	732-531-4410
Donations - Lisa Arnold	732-531-4410
Chesed - Lisa Arnold	732-531-4410

Congregation Torat El Main Office 732-531-4410

Rabbi Aaron Schonbrun	rabbi@torat-el.org	ext. 13
Pam Cardullo, Executive Director	pamc@torat-el.org	ext. 10
Joanne Bass, Bookkeeper	joanneb@torat-el.org	ext. 11
Lisa Arnold, Administrative Assistant/Religious School Director	lisaa@torat-el.org	ext. 12
Ben Laskowitz, Director of Ritual Engagement	benlaskowitz@torat-el.org	ext. 16
Robin Wander, Pre-School Director	elc@torat-el.org	ext. 18



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Congregation Torat El

Board of Trustees and Sisterhood

Shabbat Installation Service & Dinner

(Service followed by dinner)

Friday, June 12 - 6:00pm

2026 Nomination Slate

Officers:

Alan Morris, President
Judy Solomon, First Vice President
Ken Marowitz, Vice President
Michael Breslow, Treasurer
Carri Silverberg, Secretary

Board of Trustees (term ending June 2029):

Susan Berkowitz
Marjorie Cotler
Eric Yorke

Current Trustees whose terms are continuing:

(terms ending June 2027):

Galit Binns
Tanis Deitch
Cara Malek
Richard Marlieb
Susan Sferas
Neil Warar

(terms ending June 2028):

Howard Lang
Beverle Richelson
Kim McConnell

Respectfully submitted, 2026 Nominating Committee:

Andrew Robins, Chair
Mark Flamendorf
Cara Malek
Neil Warar

*Please join us on
Sunday, June 7, 9:30am
for our annual
Congregation Meeting.*

*Agenda to include vote on
Board of Trustees Slate.*

*Budget Presentation,
President's Report
and Committee Reports!*

ON THIS SHAVUOT – GET BUSY READING!



It might surprise some of you to know that I did not grow up as much of a “reader.” The youngest of three, it was my two older sisters, particularly the middle sibling, who always had a book in her hand. I was much more into television and video games as a young child! As I grew older, a few things changed. First, I decided that if I was really serious about a career as a rabbi, I had better learn to enjoy reading. I can recall that when I was looking into rabbinical school at JTS, I took their recommended reading list and made my way through most of the list! But it was not JTS that encouraged me to read as much as it was meeting my wife, Jane-Rachel, and her family around that time as well. I knew that if I was going to be a part of this family, I had better get with the program when it came to reading!

Fast forward nearly three decades and, as all of you know, I spend quite a great deal of time reading – sometimes exploring more than one book at a time. Our home is filled with books; my office is filled with books, and I try to take seriously the Jewish mandate to take learning, particularly Jewish learning, seriously.

In a few weeks we will celebrate the festival of Shavuot, where we commemorate the revelation of the Torah on Mount Sinai. It is Shavuot, perhaps more than other festivals, which focuses on the importance of reading, learning, and steeping ourselves in the written and spoken word. That is why every Shavuot we have a *tikkun*, a night of reading and studying together (please join us this year)! We are, as the Muslims first called us during the Middle Ages, *The People Of The Book* (or in Hebrew, *Am Ha-Sefer*). Indeed the importance of reading, particularly our most sacred texts, is so important that the first Prime Minister of Israel, David Ben Gurion, is credited with saying that just as “we have preserved the book, the book has preserved us.” It is through reading that we as Jews have maintained our identity, the connection to our past, and tried to glean wisdom for the present and the future. Traditionally, the value of this reading was understood in a religious context. From our weekly Torah reading, to daily study of texts classic and modern, a regular habit of reading Jewish texts was meant to inspire us to behave in certain ways, to the wisdom of our people towards the betterment of our society, to help us lead moral, ethical lives. We were taught by the ancient sage Ben Bag Bag to “turn it and turn it for everything is in it; to grow old with it... because there is no greater portion than this (Avot 5:22).” One cannot claim to take Judaism seriously without a willingness to read and engage with text.

And while classically this reading referred to “Jewish texts,” I would add that as a people who value taking care of our physical and mental health, reading more generally is a “mitzvah,” of sorts. There is ample research available that reading is good for us! A quick Google search or consult with Chat GPT will list peer-reviewed scientific studies that reading can improve brain function, enhance empathy and social understanding, improves memory function and cognition, reduces stress and expands our critical thinking. (Can we imagine how much healthier our society might be if more people read and went to the library!)

Some books are SO good, we return to them again and again. That is what will happen in a few weeks, when we gather on Shavuot to read the story of how we were given our first book, or five books, of the Torah! Please join us in prayer and study over the holiday, particularly for our pasta dinner and tikkun on Thursday, May 21 at 6:30pm. RSVP information is available in our weekly emails and on the cover of this bulletin.

This year, as Shavuot approaches, my suggestion is simple. Get busy reading! Don’t find the time, make the time. Check out a Jewish-themed book from our synagogue library, the local library, or find something in a book store or online that seems interesting. And then, look into a second book for good measure! Listen to an audio book in the car or while doing mundane chores at home. Read, learn, and grow and take your rightful place as a member of “the people of the book!”

OUR SYNAGOGUE FAMILIES

Mazel Tov to:

Amye & Nathan Brochstein on their daughter Olivia becoming a Bat Mitzvah
Rachel & Mark Steinberg on their granddaughter Olivia becoming a Bat Mitzvah

Condolences to:

Joann & Milan Schwartz on the loss of their daughter Lisa Schwartz Flaherty
Howard Guss on the loss of his father Sheldon Guss

*Interested in having your own sukkah?
If so, please contact Pam.
One of our temple families is interested in
donating their 8x10 sukkah to a good home!*

RELIGIOUS SCHOOL CHAI LITES

We are officially in the home stretch! Our Model Seder was both a tasty and thoughtful send-off before our break. Upon returning, the entire school celebrated Olivia Brochstein becoming a Bat Mitzvah!

Our April Family Friday Night Service demonstrated how each student is becoming more and more confident in prayer. We celebrated Yom Ha'Atzmaut with lessons, songs and Israeli-inspired snacks.

The rest of our calendar looks like this:

- ◇ Wednesday, April 29 – Religious School
- ◇ Saturday, May 2 – Last Shabbat School
- ◇ Wednesday, May 6 – Last Religious School/Celebrate Lag Ba'Omer (ALL STUDENTS)
- ◇ Friday, May 8 – Religious School-led Service, Graduation & Teacher Appreciation Oneg (6:00pm)

RITUAL ENGAGEMENT CHAI LITES

Yasher Kochech to Fran Meyer for leyning Torah, chanting the Haftarah, and leading Musaf services so beautifully in honor of the anniversary of her Bat Mitzvah! Mazal Tov!

During the month of March, the following individuals performed the Mitzvah of reading Torah, chanting the Haftarah, and/or leading Shacharit and Musaf:

Mark Engel
Sam Fields
Steven Fineberg
Rachael Goldman
Robert Karasic

Jeffrey Klein
Ben Laskowitz
Shoshana Levine
Fran Meyer
Karen Newman

Rabbi Aaron Schonbrun
Larry Ozarow
Joel Schulman
Steven Schwaber
Neil Weitzenkorn

Yasher Koach To All!!!

If you are interested in chanting your Bar/Bat Mitzvah Haftarah, or if you are interested in learning to become a CTE Leader/Reader, please contact Ben at 732-861-7450 or benlaskowitz@torat-el.org.

SISTERHOOD CHAI LITES

Volunteers Needed: CTE Sisterhood is hosting a Feminine Hygiene Supply Packing Party on **Wednesday, June 17 at 6:30pm**. Come help us prepare individual tote bags of personal hygiene products for local women and girls in need. We are partnering with Jewish Federation in the Heart of New Jersey to address period poverty through Dignity Grows and a grant from the Aerie Real Foundation. Together we will help build confidence in women and foster an inclusive and supportive community to help make the world a better place. Please join us! All are welcome! To volunteer visit <https://jewishheartnj.regfox.com/2026-dignity-grows-packing-party>. Please note we are not collecting donated items for this event. Federation will deliver to us all hygiene products to be packed. Questions? Please contact **Peggy Gaber-Casey**: 908-309-7470 or **Janet Cohen**: 732-513-6876

Social Action: Thanks to Peggy Casey and Janet Cohen for organizing the community outreach packaging of women's hygiene supplies in conjunction with Dignity Grows and Jewish Federation.

Book Club: We are reading *The Last Twilight in Paris* by Pam Jenoff. We will be meeting on May 17th at the home of Gayle Ardakanian. Please RSVP to Kathleen Burke at 908-391-1650 or kathiemb@gmail.com. The address will be provided at time of RSVP. Carpooling will be announced at time of RSVP as well.

Min Pinow Raffle: Thanks to Laurie Gross and Kathleen Burke for chairing this fundraiser.

Knitting Club: Members and friends gather at the temple to knit blankets and other items to be donated to charity. The program is held on the **2nd and 4th Wednesday of the month at 2pm**. Contact Judy Cohen at 732-567-7200 to let her know of your interest and for more information on the project. Dates in May are May 13th and May 27th.

Women's League: Save the dates, May 3 for the Regional Conference and July 12-15 for the National Conference in Alexandria, Virginia. Pre-Registration is required for both conferences.

Save the date: Sisterhood is sponsoring a play called *Bella* on October 25. The play promises to be a reminiscent tale with a sprinkling of Yiddish to be enjoyed by people of all ages.

Sukkah Raffle: Thanks to Jackie Rosenheck for selling tickets and to the Men's Club who will install the sukkah to our winner.

Birthday Buddies: Thanks to Jackie Rosenheck for organizing this fundraiser. Sisterhood members enjoy getting a card and being recognized on their birthday.

Slate of Officers for Sisterhood 2026-2027:

President – Diane Resnick

Vice Presidents – Melanie Engel, Lynn Zimmerman, Carol Klein

Corresponding Secretary – Beverle Richelson

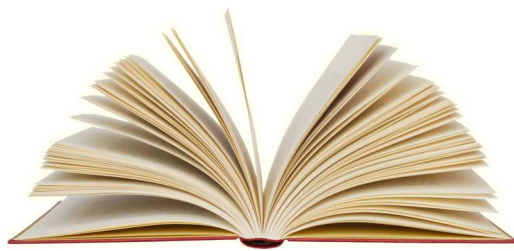
Financial Secretary – Lynne Verderese

Recording Secretary – Elynn Taylor

Treasurer – Amy Wiener

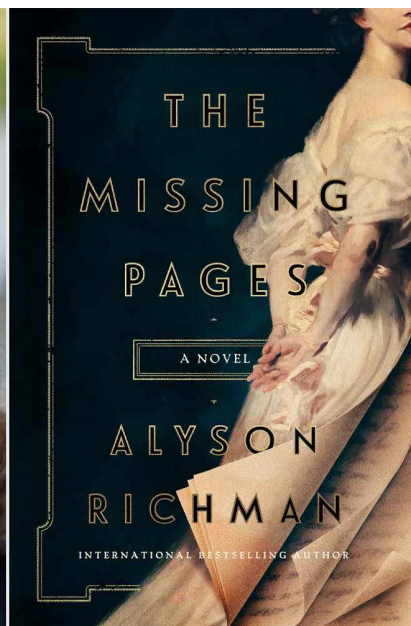
Immediate Past President – Robin Bauer

MEET THE AUTHOR IN PERSON EVENT!!



Sunday, May 3, 11:00am

Meet Alyson Richman, author of *The Missing Pages*



A ghost in a library. A story waiting to be told. *The Missing Pages* is a rich, lyrical novel that reminds us that books are as eternal as the soul.

1912: Harry Widener, a promising and passionate book collector, boards the Titanic holding tight to a priceless volume he's just purchased in London. After catastrophe strikes the ship, Harry's last known words are that he must return to his cabin to retrieve his latest treasure. Harry's mother builds the Harry Widener Memorial Library at Harvard to house his extensive book collection and ensure his legacy.

Decades later, Violet Hutchins, a Harvard sophomore recovering from her own great loss, is working as a page at the Widener Library. When mysterious things begin happening at the library, Violet wonders if Harry Widener's ghost is trying to communicate with her.

Bestselling author Alyson Richman has written a love story, a ghost story, and an elegy to the healing power of books.

Alyson Richman graduated from Wellesley College with a degree in art history and Japanese studies. She is an accomplished painter and her novels combine her deep love of art, historical research, and travel. Alyson's novels have been published in 25 languages and have reached the bestseller lists both in the United States and abroad. She lives on Long Island with her husband and two children, where she is currently working on her next novel.

Pre-Paid \$20 per person by April 30/\$25 at the door
A lovely brunch will be served
Reservations at www.mta.torat-el.org or 732-531-4410



This ongoing series has been made possible by a grant from the B'nai Sholom/Beth El Foundation.

Please join us for an evening
honoring members of
Congregation Torat El's "Chai Club"

These members have been part of
our synagogue community
for 18 years and longer!

Friday, May 15, 7:00 pm

**Shabbat service followed by
dessert reception**

Please RSVP to the temple office
or online at chaiclub.torat-el.org
by May 10

18
CHAI CLUB

If you have been a member for 18 or more continuous years and do not receive your invitation in the mail, please call the office so we can update your account with the correct join date.

CONGREGATION TORAT EL MEN'S CLUB
AND
JEWISH WAR VETERANS POST 125
INVITE YOU TO JOIN THEM

SATURDAY, MAY 23, 9:00AM

SHABBAT/SHAVUOT/MEMORIAL DAY SERVICE
AND SPONSORED KIDDUSH LUNCH

RESERVATIONS ARE NOT REQUIRED

**CONGREGATION TORAT EL
ANNUAL BLOOD DRIVE**



**THURSDAY, JUNE 11
1:00 - 7:00PM**



Appointments recommended, walk-ins welcome

Please bring photo ID

Eat and drink water before donating blood

Donors 76 and over need a doctor's note

Register at nybc.org/drive

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taking!

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"HELP YOURSELF"
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Shabbat Shalom

Shabbat at the Beach

Friday, June 19

Friday, August 7

7:00pm

Conover Pavilion

Phillips Beach, Deal

Protect Yourself From Fraudulent Emails, Texts & Phone Calls

A quick friendly guide to spotting scams and staying safe

A big thanks to Howard Lang for providing this important information

Scammers may pretend to be a bank, delivery company, tech support, or a well-known business to trick you into sharing personal information or sending money. Use this one-page checklist to help protect yourself.

Spot the Scam: Common Warning Signs

Be cautious if the message or caller:

- Has sender details that don't match (misspellings, odd email domains, strange URLs)
- Creates urgency or fear ("Act now," "Account locked," "Legal action")
- Requests sensitive info (passwords, PINs, Social Security number, one-time passcodes)
- Pushes unusual payments (gift cards, crypto, wire transfers, "pay immediately")
- Uses suspicious links or unexpected attachments
- Offers something too good to be true (prizes, refunds, "free" offers)

What To Do (Safe Actions)

If you're unsure, do this first:

- Don't click links or open attachments.
- Don't reply (replying can confirm your email/number is active).
- Hang up if it's a suspicious call.

Verify safely:

- Go to the company's website by typing the address yourself.
- Call back using a trusted number (back of credit card, official bill, or company's website).
- If someone claims to be "support" or your "bank," end the call and call the real number.

Protect your accounts:

- Turn on multi-factor authentication (MFA) (an authenticator app is best when available).
- Use strong, unique passwords (consider a password manager).
- Enable account alerts for purchases, withdrawals, and sign-ins.

If you already clicked, shared info, or sent money:

- Contact your bank/card issuer immediately to dispute charges or secure your account.
- Change passwords and review recent account activity.
- Save evidence (screenshots, email headers, phone numbers) and report it (resources next page).

Spot the Scam: Quick Examples (and What To Do)

Example 1 — Fraudulent Email

Message: "Your account will be closed today. Verify now: <http://secure-account-verify.com>

Red flags: urgency + suspicious link/domain

Do this: Don't click. Open a browser and go to the company's real site (typed manually) or call the official number.

Example 2 — Fraudulent Text

Message: "Delivery problem. Pay \$2.99 to reschedule: bit.ly/3X..."

Red flags: small fee + shortened link + surprise "delivery issue"

Do this: Don't tap. Track packages only through the official carrier app/website.

Example 3 — Fraudulent Phone Call

Caller: "This is your bank. Read me the one-time code we just texted you to stop fraud."

Red flags: request for one-time passcode (a common takeover method)

Do this: Hang up. Call your bank back using the number on your card.

Example 4 — Payment Scam

Message/Caller: "To keep service active, pay immediately with gift cards."

Red flags: gift cards + immediate payment demand

Do this: Stop. Legitimate businesses rarely require gift cards. Verify via official channels.

Quick Safety Checklist:

Pause and verify independently

Don't click unexpected links or attachments

Add extra layers of protection, especially for cell phone account

Use unique passwords, especially for high-value accounts, such as banks

Never share passwords, PINs, or one-time passcodes

Use MFA (Multi-Factor Authentication) + alerts

Report suspicious messages and calls

PROTECT YOURSELF

FROM SCAMS

DONATIONS

Congregation Torat El General Fund

Alan Zwiebel

In Honor of:

Rabbi Schonbrun and CTE in appreciation of Rabbi Schonbrun's Musar class by **Carole Kaufman**
Ben Laskowitz for his patience, humor & guidance in preparing for her Bat Mitzvah by **Fran Meyer**
Fran Meyer on the occasion of the 70th anniversary of her Bat Mitzvah by **Roni Bamforth, Judy Cohen, Mindy & David Estin, Neil & Marcia Weitzenkorn, Ellen Tilzer**
Joyce & Martin Luria's special birthdays by **Harriet & Max Colby**
Michael & Lisa Absatz for their gift of Shalach Manot by **Renee Karasic**
Honey Karasic for her gift of Shalach Manot by **Renee Karasic**
Harriet Popok for her gift of Shalach Manot by **Renee Karasic**
Jonathan & Stevie Shutman for their gift of Shalach Manot by **Renee Karasic**
Donna & Neil Warar's grandson Grayson Mora's Pidyon Haben by **Randye & Richard Krupnick**
Barbara Haratz's speedy recovery by **Pam & Zel Steinberg**

In Memory of:

Allan Schnabolk – brother of Marc Schnabolk by **Hillary & Peter Brudner**
Norman Schulman by **Ina & Paul Gluck & Family, Jane Grabelle, Terry & Irv Zimmerman**

Rabbi Schonbrun's Discretionary Fund

In Memory of:

Mildred Cobin by **Cindy & Lewis Fisher & Family**

Garden Fund

In Honor of:

Tanis Deitch's granddaughter Lillian's Bat Mitzvah by **Marjorie & Stanley Cotler**

Kiddush Fund

In Honor of:

Fran Meyer's 2nd Bat Mitzvah by **Jeanine Nagrod**

Helayne Berger Fund

In Memory of:

Arthur Bernstein – brother of Jeff Bernstein by **Jeff & Sue Bernstein**

Susan Samuel Memorial Fund

In Honor of:

Fran Meyer on the occasion of the 70th anniversary of her Bat Mitzvah by **Myron & Ellen Samuel**

High Holy Days Mahzor Lev Shalem

In Honor of:

Fran Meyer's 2nd Bat Mitzvah by **Lauren Levitt, Margo Gelfman**

JNF Trees

1 tree has been planted in memory of Olga Hipschman by **Rosanne English**

Adie Gordon Fund

In Memory of:

Samuel James Gordon – brother-in-law of Michael Gordon by **Michael Gordon**

Contribution Cards

To Zachary Goldberg in memory of his father Michael from **Heather Hopkins & Family, Beverle Richelson**
To Judy Goldberg in memory of her husband Michael from **Heather Hopkins & Family**

Temple Grams

To Fran Meyer in honor of reading Haftarah on the occasion of her 2nd Bat Mitzvah from **Marian & Bill Warshauer**
To Linda & Paul Mayerowitz in honor of their new home from **Beverle Richelson**

Yahrzeit Donations

SYLVIA ANAPOL by Linda & Paul Mayerowitz
LIZA BAWNIK by Nancy Silver
JEANNE BERGER by Beverle Richelson & Family & Gorlin Family
JEANNETTE BIENENSTOCK by Betty Goldin
HENRY BLOCK by Janice & Paul Holub
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BETTY ZUCKERMAN by Zel & Pam Steinberg

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*Please call 732-946-3322 or 732-229-0122, visit our website
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or scan the code below with your phone camera to see where
our Monthly Lunch & Learn event will be!*

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to 732-946-3322
or 732-229-0122

Reservations
are limited.



*Scan with your phone
camera to see when and
where the next Monthly
Lunch & Learn event will be!*

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May

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 Candle Lighting 7:34pm Shabbat Service 6:15pm	2 Shabbat Service 9:00am Last day Shabbat School 9:15am
3 Meet the Author 11:00am	4 Morning Minyan in Person 8:00am	5 Board of Trustees Mtg 7:30pm	6 Lunch & Learn 12:00pm Last weekday R/S Adult Ed w/Rabbi 7:30pm	7 Morning Minyan in Person 8:00am Sisterhood Mtg on Zoom 7:30pm	8 Candle Lighting 7:41pm Religious School Graduation/Teacher Appreciation Shabbat Service 6:00pm	9 Shabbat Service 9:00am Sponsored Kiddush Lunch
10 	11 Morning Minyan in Person 8:00am	12 Ritual Mtg 7:30pm	13 Final Lunch & Learn 12:00pm Knitting Circle 2:00pm Adult Ed w/Rabbi 7:30pm	14 Morning Minyan in Person 8:00am	15 Candle Lighting 7:48pm Chai Club Shabbat Service 7:00pm	16 Shabbat Service 9:00am
17 Morning Minyan in Person 8:30am	18 Morning Minyan in Person 8:00am	19 Executive Board Mtg 7:30pm	20	21 Morning Minyan in Person 8:00am Tikkun Liel Shavuot & Pasta Dinner 6:30pm	22 Temple Office Closed Candle Lighting 7:54pm Shavuot Service 9:00am Shabbat Service 7:00pm	23 Shabbat/Shavuot Service & Yizkor 9:00am Sponsored Kiddush Lunch
24 <hr/> 31	25 Temple Office Closed Morning Minyan in Person 8:30am	26	27 Knitting Circle 2:00pm	28 Morning Minyan in Person 8:00am	29 Candle Lighting 8:00pm Shabbat Service 7:00pm	30 Shabbat Service 9:00am